



# MD ARM INSTALLATION INSTRUCTIONS

ICWUSA.com, Inc.

If you have any questions please call Toll Free 1-800-558-4435

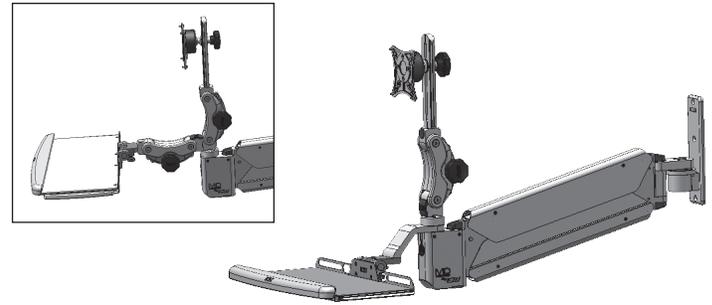
► **MAXIMUM LOAD CAPACITY:**  
35 LBS (15.9 KG)

## If Mounting To Wall Track

**ATTACH WALL PLATE TO TRACK**

Lift the wall mount up to the bottom of the TMD track, or lower over the top of the track if it's easier. Slide the clamp plates into the groove in the TMD track.

Once the wall plate is at the desired height, lock into place by turning the 3 clamping screws clockwise with provided 5/32 hex key.



## If Mounting Directly To Wall

**ATTACH WALL PLATE TO WALL**

Locate a stud in the wall where the arm will be mounted. Mark the top hole and drill a 11/64 pilot hole. Insert a provided #14 screw and tighten slightly. Using a level, mark the two lower holes and drill pilot holes. Insert #14 screws and, with the mount level, tighten all screws securely.

## Cable Management

**REMOVE COVERS FROM ARM**

Using a Phillips head screwdriver, remove 3 screws and slide front cover forward. Remove 4 screws from the upper cover, and lift it off.

Remove the lower cover by lowering the arm into the down position, removing the screws and sliding the cover forward off of the arm.

**WARNING - PINCH POINT:**  
Keep fingers away from the inner arm area where the gas spring is located.

**RUN WIRES & REATTACH ARM COVERS**

Run monitor wires through top channel.

Run keyboard wire through lower channel

Slip wires from lower channel through end cover port, then reattach cover to the front of the arm. **DO NOT** use a power tool to tighten screws.

Snap black plastic bushing around exiting wires and push bushing firmly into end cover port.

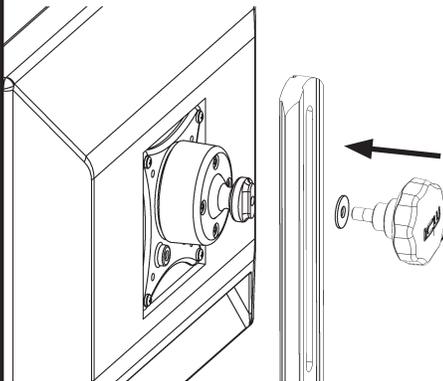
Replace upper and lower covers on the arm. **DO NOT** use a power tool to tighten screws.

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## ATTACH VESA

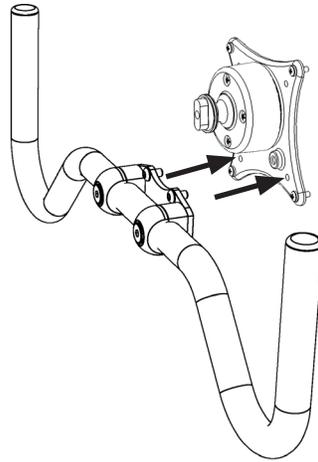
Attach VESA to monitor using four M4 screws in the hardware bag.

Mount the VESA assembly by screwing the knob through the rail into the VESA.



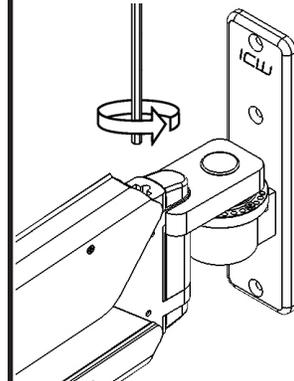
## ATTACH THBV HANDLE

Attach the THBV handle to the back of the VESA plate using provided screws.



## ADJUST ARM RESISTANCE

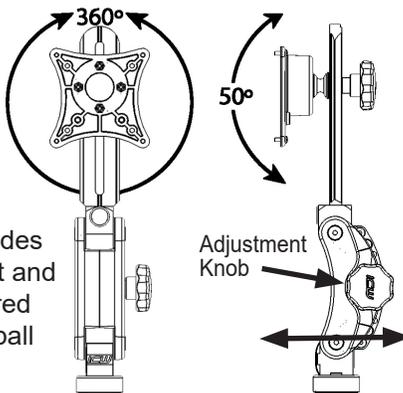
Using the 3/16" T-handle hex wrench provided, turn the screw in the MD arm clockwise to lighten the arm's load resistance, or counter-clockwise to increase the load resistance.



## MONITOR TILT, ROTATION & ADJUST MONITOR DEPTH

### MONITOR TILT & ROTATE

Gently hold sides of monitor. Tilt and rotate to desired position with ball VESA.



### ADJUST MONITOR DEPTH

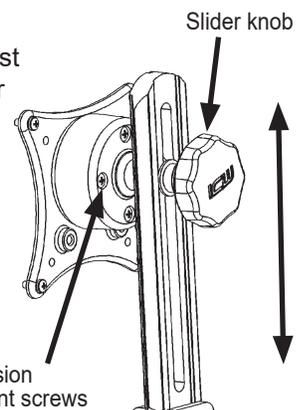
Loosen the adjustment knob, move the Paralink forward or back, then re-tighten the knob.

## ADJUST BALL VESA TENSION & HEIGHT

Use the slider knob to loosen the slider to adjust the height of the monitor on the Paralink.

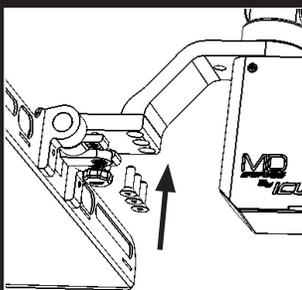
Adjust the pivot tension of the ball by gently and evenly tightening or loosening the four screws on the back of the ball VESA.

Pivot tension adjustment screws



## If Using Ultra Keyboard Tray

### ATTACH FLIP UP KEYBOARD TRAY



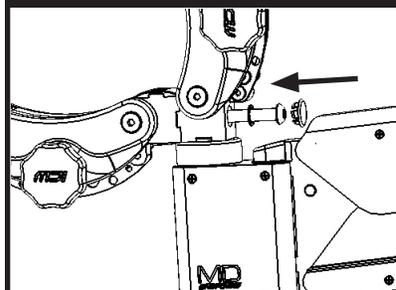
Remove screws from the drop extension using 5/32" hex key.

Align holes in keyboard tray with screw holes in drop extension.

Attach keyboard tray using the provided screws.

## If Using Paralink Keyboard Tray

### ATTACH PARALINK KEYBOARD TRAY



Attach the Paralink keyboard tray to the arm by using the 3/8-16 screw and lock washer provided.

**NOTICE:** ICWUSA.COM, Inc. provides the appropriate hardware fasteners to match the majority if not all standard monitors and devices. It is the responsibility of the installer / integrator to ensure that the screws and fasteners have the adequate thread engagement. The rule of thumb is that the thread depth is greater than the diameter of the hole or 4 full turns of 360 degrees of thread engagement. It is also the responsibility of the installer / integrator to ensure that they do not damage the monitor or device by using a screw or fastener that is too long for hole and therefore damaging the unit by inserting too far.

## CLEANING OF THE ICW MOUNTING DEVICE

When cleaning your ICW mounting unit please follow the points below. Proper cleaning of the mounting device will help assure proper function and extend the life of the unit.

1. Any general cleaner is acceptable except degreasers are not recommended near the bearing entrances.
2. Spray cleaner or water on a soft cloth or paper towel and then wipe down the mounts.
3. Do not spray directly at the bearing seams (located at all swivel points) as this could reduce the life of the bearings.