# ICW

## ICWUSA.com, Inc.

# MD TRACK INSTALLATION

*If you have any questions please call Toll Free 1-800-558-4435*

**When mounting to studs, ICW recommends using only wood or metal studs. This is the basic method to mount the arm on a stud. Check building code regulations in your area for additional requirements.**

## MD TRACK

### FOR WOOD STUD

*Center mounting option*

Locate the wall stud and mark the top center hole of the wall track. Drill a 11/64 pilot hole, insert a #14 screw (optional) and tighten slightly. Using a level, mark the lower holes in the center of the track, drill pilot holes and then insert the #14 screws. Use all screws.

*Right or left mounting option*

• Locate the wall stud. Align either right or left side of track with stud and mark one hole in the upper corner for track placement. Drill 11/64" pilot hole. Insert #14 screw and tighten slightly.

• Using a level, mark the remaining holes on the same side, drill pilot holes into stud. Insert #14 screws and, with the unit level, tighten screws.

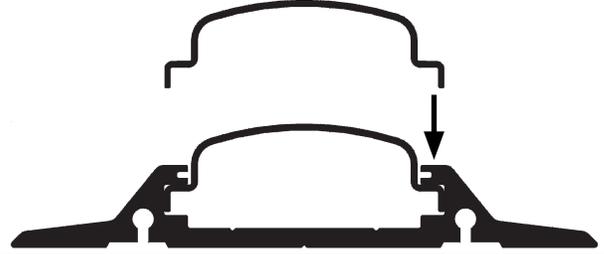• Insert provided Snap Togglers into outer corner holes on opposite side. *See below.*

### FOR METAL STUD

#14 *wood* screws are available upon request. If installing into **metal studs** you will need to replace these with proper metal stud fasteners or provided snap toggles. All hardware used to secure track mount must have a proper countersunk head.

**Attach beauty cap.**
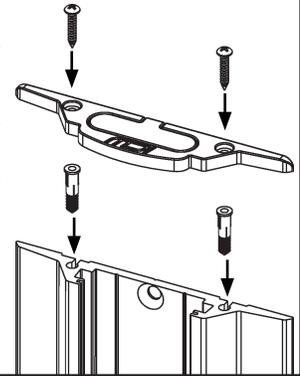
## ATTACH NEW MD TRACK COVER

Cut track cover to length required using a fine-tooth saw. Press in track cover by first laying one side into track groove. Pop in other side by pushing in one edge then applying pressure along the length of the cover.
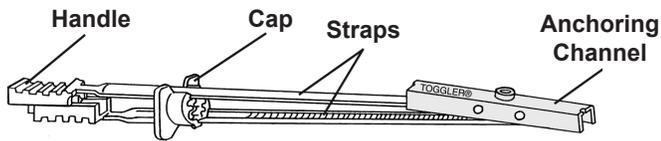


## ATTACH NEW MD TRACK CAP

Using a rubber mallet (or something similar) tap in plastic spacers into holes in track. Lay track cap over holes and using a phillips drive, insert screws through track cap into spacers. Don't over tighten.
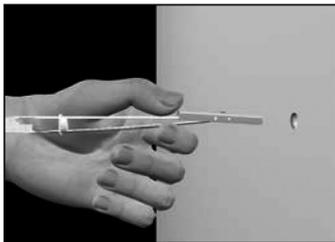
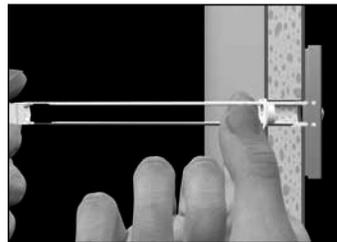If you will be running cords through the cap, pop out tab in the center of the cap.
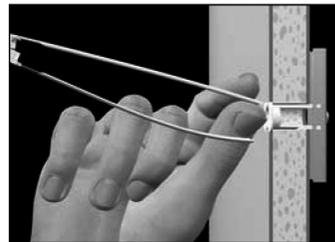


# Snap Toggle Instructions

The plastic straps and cap washer are positioning and retention elements only. They do not otherwise function as anchoring elements. Anchoring is dependent only on a metal bolt to metal channel connection. The SnapToggle anchor complies with all existing fire codes for critical applications.

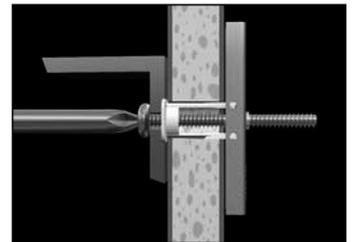**Handle** **Cap** **Straps** **Anchoring Channel**





Drill 1/2" hole. Hold metal channel flat alongside plastic straps and slide channel through the hole. Minimum clearance behind wall is 1-7/8"
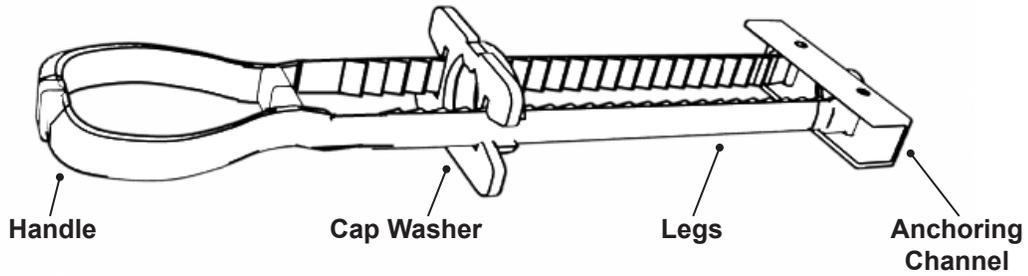
Hold ends of straps together between thumb and forefinger and pull toward you until channel rests behind wall. Ratchet cap along straps with other hand until flange of cap is flush with wall.

Place thumb between straps at wall. Push thumb side to side, snapping off straps level with flange of cap.
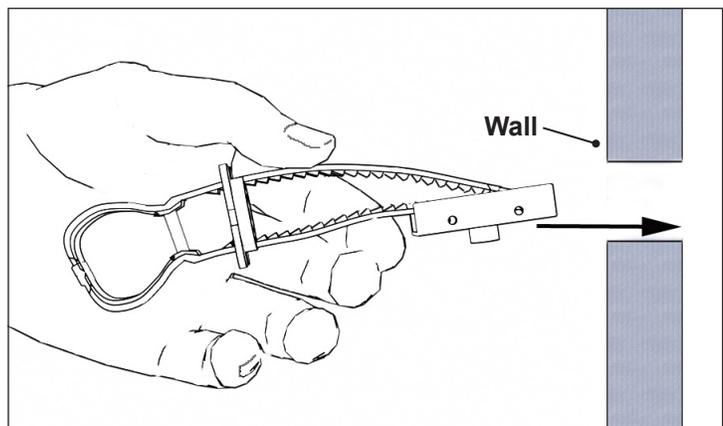
Place track over flange. Insert provided bolt and tighten until snug against track, then stop.

# TOGGLE MOUNTING SYSTEM

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**Handle**  **Cap Washer**  **Legs**  **Anchoring Channel**

NOTE: The wall mount must be secured by all three of its mounting holes, the following steps will need to be done for each mounting hole.

**1** Drill a 1/2 inch hole in the wall you are going to mount your arm on. Gently flex the toggle system so that the anchoring channel is parallel with the toggle legs. Slide toggle into the hole and allow the anchoring channel to straighten against the backside of the wall.



**Wall**

**2** While holding on to the toggle handle with one hand and keeping the anchoring channel against the inside of the wall, use other hand to slide the cap washer forward until it firmly presses against the wall and holds the toggle in place.



**Slide cap washer forward until firmly against the wall**

**Hold handle**